

WHAT IS LUMBAR SPONDYLOSIS?

Spondylosis changes in the spine are frequently referred to as osteoarthritis. For example, the phrase "spondylosis of the lumbar spine" means degenerative changes such as osteoarthritis of the vertebral joints and degenerating inter vertebral discs (degenerative disc disease) in the low back.

REASON FOR LUMBAR SPONDYLOSIS

The main cause is aging, but the way aging affects your spine can lead to other changes and problems. Spondylosis is a cascade: One anatomical change occurs, which leads to more degeneration and changes in your spine's structures. These changes combine to cause spondylosis and its symptoms.

SYMPTOMS OF LUMBAR SPONDYLOSIS

- Localized pain.
- Pain after prolonged sitting.
- Worsening pain after repeated movement.
- Muscle spasms.
- Regional tenderness.
- Tingling, numbness in the limbs.
- Weakness of affected limb due to possible nerve compression.

NEUROTHERAPY TREATMENT

First treatment	(4) Liv (8) Th + Ch L5-S1 Ghisai'
Second treatment	T – Heparin L5-S1 Ghisai' For L4,L5,S1
Third treatment	Acid treatment formula L5-S1 Ghisai' For L4, L5, S1